

# Music Singing Sarah Forbes Bonita Projec

This course is for those who have attended the Sarah Forbes Bonita rehearsals with Medway Adult Education only.



Start Date: 27 June 2026  
Start Time: 13:00  
Lessons: 1  
Weeks: 1  
Hours: 3.00

## Venue

### **What will I learn on this course?**

Learners will:

1. Perform as part of a group
2. Use at least 2 different technique to warm up before a performance
3. Apply breathing techniques to your performance

### **Is this course suitable for me?**

This course is for those who have attended the Sarah Forbes Bonita rehearsals with Medway Adult Education only.

### **Is there anything I need to know about the course?**

Please be aware that whilst this course is practical in nature some sessions will include theory as well as forms and paperwork.

### **What could I go on to do after this course?**

Your tutor can talk to you about another subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice, please telephone 01634 338400.

### **Attendance Policy**

Single session-

This is one session course- please attend for the duration of the lesson. If you enrol and then cannot attend, please inform us as soon as possible on 01634 338400 so that your place can be given to someone else.

### **Health and Safety**

## Health and Safety Disclaimer

By participating in the live class, you accept that you understand that singing activities carry the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

The creators, owners and distributors of this site and the material available MAE are not responsible for any injuries you may experience because of your use of this site and the material contained here on. By remaining on this site and/or accessing and / or using any material, you are accepting that you have read, understood and agreed to follow these basic instructions.

### **Will there be additional costs?**

No